



THE LIGHTHOUSE

CENTER FOR WELLBEING

July 1st, 2020

Subject: Clinic update on therapy services throughout July

Dear Valued Client,

As promised, we are keeping you updated with clinic operations and procedures for The LightHouse Arabia throughout the month of July.

The health and safety of our clients and employees continues to be our highest priority, combined with the commitment to maintain standards of excellence and efficacy across the practice of one-to-one client therapy and support services.

Due to the continued government-mandated requirement for clinicians and clients to wear face masks and sit two meters apart, coupled with the nature of therapy – where the emphasis is on effective communication and sharing full facial expressions to strengthen the human connection, our position remains that online is the more effective and therapeutic option.

While The LightHouse Arabia will not be resuming in-person sessions for clients at this time (adults, teens or children), please contact us directly on T. (0)4 380 2088 if you would like to discuss your personal situation.

We continue to closely monitor the COVID-19 situation and Ministry updates as the public health situation evolves over the month of July and following the Eid Al Adha holiday. Throughout all, we remain fully available and committed to serving you.

Sincerely,

Dr. Saliha Afridi, PsyD. (US)
Clinical Psychologist
MANAGING DIRECTOR

Dr. Tara Wyne, D.Clin.Psy (UK)
Clinical Psychologist
CLINICAL DIRECTOR