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## Positive Things TO SAY TO YOUR CHILD

1. *I'm grateful for you.*
2. You make me proud.
3. *Your words mean a lot.*
4. *You have great ideas.*
5. *I love being your parent.*
6. You don't have to be perfect to be great.
7. *Your opinions matter.*
8. You are important.
9. *You are loved.*
10. I believe you.
11. *I believe in you.*
12. This family wouldn't be the same without you.
13. *You are valuable.*
14. *You can say no.*
15. *You can say yes.*
16. I know you did your best.
17. *You were right.*
18. *I accept who you are.*
19. *You are helpful.*
20. You are worth it.
21. *You make me happy.*
22. *I love your creativity.*
23. *Being around you is fun.*
24. I can't wait to hear about it.
25. *Don't be afraid to be you.*
26. You're making a difference.
27. *I'm excited to spend time with you.*
28. You are interesting.
29. *I love seeing the world your way.*
30. It's good to be curious.
31. *I love the way you tell stories.*
32. What you did was awesome.
33. *I admire you.*
34. That's a great question.
35. *Your friends are lucky to have you.*
36. *I trust you.*
37. *That was a really good choice.*
38. Seeing you happy makes me happy.
39. *Being your parent is my favorite job.*
40. I learn new things from you every day.
41. *You make me better.*
42. *You are a good boy/girl.*
43. *Thank you for being you.*
44. I'm so glad you're here.
45. *You look great.*
46. I understand you.
47. *Watching you grow is the best.*
48. *That was really brave.*
49. *That was really kind.*
50. I forgive you.
51. *I appreciate you.*
52. We all make mistakes.
53. *Yes, me too.*
54. You are very good at that!
55. *You can try again tomorrow.*
56. Nobody is perfect.
57. *I love how you said that.*
58. Not everyone will like you, and that's OK.
59. *You did that so well.*
60. I'm listening.
61. *That's a very fair point.*
62. *You are beautiful, inside and out.*
63. *I love you.*
64. I could never stop loving you.
65. *You are enough.*
66. You make my heart full.

