

# NOVEMBER 2017

## UPCOMING EVENTS OF THE MONTH

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2
3	4	5	6	7	8	9

- CHILDREN
- TWEENS (AGES 9 – 12 YRS)
- TEENS (AGES 13 – 17 YRS)
- ADULTS (18 YRS+)
- ALL AGES WELCOME

### 5<sup>TH</sup> NOVEMBER 2017

- FULL MOON YOGA  
6:30 PM to 7:45 PM

### 6<sup>TH</sup> NOVEMBER 2017

- GRIEF SUPPORT GROUPS  
General **Adult** Grief Support Group,  
**Middles, & Littles** Grief Support Group.  
5 : 30 PM to 7 : 00 PM

### 13<sup>TH</sup> NOVEMBER 2017

- EVENING OF REMEMBRANCE  
Raymee Grief Center; all ages welcome  
7:00 PM to 8:30 PM

### 14<sup>TH</sup> NOVEMBER 2017

- HEALING THROUGH MEDITATION  
Adults (18+ years)  
12:00 PM to 1:00 PM
- CARERS SUPPORT GROUP  
Adults (18+ years)  
6:00 PM to 7:30 PM

### 15<sup>TH</sup> NOVEMBER 2017

- TWEEN TALK  
The Mindful Tween (9-12 years)  
5:00 PM to 6:00 PM

### 20<sup>TH</sup> NOVEMBER 2017

- GRIEF SUPPORT GROUPS  
General **Adult** Grief Support Group,  
**Middles, & Littles** Grief Support Group.  
5 : 30 PM to 7 : 00 PM
- HEALING THROUGH MEDITATION  
Adults (18+ years)  
6:30 PM to 7:30 PM

### 21<sup>ST</sup> NOVEMBER 2017

- VAL-YOU WORKSHOP  
Create your own Vision Board  
Adults (18+ years)  
9:00 AM to 12:00 AM

### 22<sup>ND</sup> NOVEMBER 2017

- THE PARENT IN THE PARENT-CHILD RELATIONSHIP  
Conscious Parent Seminar Series  
9:30 AM to 11:00 AM

### 25<sup>TH</sup> NOVEMBER 2017

- HEALING THROUGH MEDITATION  
Adults (18+ years)  
12:00 PM to 1:00 PM

### 26<sup>TH</sup> NOVEMBER 2017

- LITTLE LIFETIMES  
Pregnancy & Infant Loss Support Group  
10:00 AM to 11:30 AM

### 27<sup>TH</sup> NOVEMBER 2017

- MOTHERLESS DAUGHTERS SUPPORT GROUP  
6:30 PM to 8:00 PM

### 29<sup>TH</sup> NOVEMBER 2017

- SURVIVING AFTER LOSS TO SUICIDE (SALS) SUPPORT GROUP  
Supporting individuals who are grieving the death of someone to suicide.  
6:00 PM to 7:30 PM

