

# MARCH 2018

## UPCOMING EVENTS OF THE MONTH

SUN	MON	TUE	WED	THU	FRI	SAT
	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

- CHILDREN
- TWEENS (AGES 9 – 12 YRS)
- TEENS (AGES 13 – 17 YRS)
- ADULTS (18 YRS+)
- ALL AGES WELCOME

### 4<sup>TH</sup> MARCH 2018

#### IVF & INFERTILITY INFORMATION SESSION

In partnership with IVF Support Group UAE

Women Only (18+ years) **10:00 AM to 11:30 AM**

### 5<sup>TH</sup> MARCH 2018

#### MOTHERLESS DAUGHTERS SUPPORT GROUP

(We meet every other week) **6:30 PM to 8:00 PM**

### 6<sup>TH</sup> MARCH 2018

#### CAREGIVER SUPPORT GROUP

Caregiver Burnout: Supporting a Loved One with High Emotional Needs

Adults (18+ years) **6:00 PM to 7:30 PM**

### 7<sup>TH</sup> MARCH 2018

#### ADHD SUPPORT GROUP FOR PARENTS

A supportive space for parents to share their concerns, challenges, and joys of having a child with ADHD.

Parents **5:30 PM to 6:30 PM**

### 12<sup>TH</sup> MARCH 2018

#### GENERAL GRIEF SUPPORT GROUPS

( FOR ADULTS, TEENS, MIDDLES, & LITTLES )

(We meet every other week) **5:30 PM to 7:00 PM**

### 13<sup>TH</sup> MARCH 2018

#### HEALING THROUGH MEDITATION

Adults (18+ years) **12 PM to 1 PM**

### 14<sup>TH</sup> MARCH 2018

#### CONSCIOUS PARENT SEMINAR SERIES

Bridging the Great Divide: Understanding Your Pre-Teen and Teenager

Adults (18+ years) **9:30 AM to 11:00 AM**

### 17<sup>TH</sup> MARCH 2018

#### TLH CLINICAL SEMINAR SERIES

Assessment and Treatment of Personality Disorder

Adults (18+ years) **9:00 AM to 2:00 PM**

#### RULER, MAGICIAN, WARRIOR & LOVER: WHAT STORY ARE YOU LIVING? WHAT STORY DO YOU WANT TO LIVE?

Adults (18+ years) **9 : 30 AM to 12 : 30 PM**

### 19<sup>TH</sup> MARCH 2018

#### MOTHERLESS DAUGHTERS SUPPORT GROUP

(We meet every other week) **6:30 PM to 8:00 PM**

#### MOMMY MONDAYS SEMINAR SERIES

Nurturing Your Marriage As You Nurture Your Child

Adults (18+ years) **9:00 AM to 10:30 AM**

### 20<sup>TH</sup> MARCH 2018

#### TWEEN TALK:

Time Management for Tweens

Tweens (9 - 12 years) **5 : 00 PM to 6 : 00 PM**

### CAREGIVER SUPPORT GROUP

Caregiver Burnout: Supporting a Loved One with High Emotional Needs

Adults (18+ years) **6 : 00 PM to 7 : 30 PM**

### 24<sup>TH</sup> MARCH 2018

#### HEALING THROUGH MEDITATION

Adults (18+ years) **12 PM to 1 PM**

### 25<sup>TH</sup> MARCH 2018

#### LITTLE LIFETIMES

Pregnancy & Infant Loss Support Group

Adults (18+ years) **10:00 AM to 11:30 AM**

### 26<sup>TH</sup> MARCH 2018

#### GENERAL GRIEF SUPPORT GROUPS

( FOR ADULTS, TEENS, MIDDLES, & LITTLES )

(We meet every other week) **5:30 PM to 7:00 PM**

#### HEALING THROUGH MEDITATION

Adults (18+ years) **6 :30 PM to 7 : 30 PM**

### 28<sup>TH</sup> MARCH 2018

#### SURVIVING AFTER LOSS TO SUICIDE (SALS) SUPPORT GROUP

Supporting individuals who are grieving the death of someone to suicide.

**6 : 00 PM to 7 : 30 PM**

#### COPING WITH CANCER SUPPORT GROUP

A Support Group for those affected by cancer, to help them cope with the disease through emotional support and sharing of information.

**6 : 30 PM to 8 : 00 PM**

